



Shining a Light on Broadmead

Vol. 43, No. 4

Broadmead, Cockeysville, MD

December 2021



Karen Seybold leads the Sew & So team

Sew & So has a new home

Text and photo by Willy Sydnor

When most everything else was closed down on the Broadmead campus due to the pandemic, one thing that continued was Sew & So, one of the oldest resident organizations at Broadmead. Although the volunteer group wasn't in full swing, one could still get hems taken up or let down, or seams repaired. The primary seamstress during the shutdown was Gwyn Sirota, who managed to make over \$300 for the BRA.

Broadmead opened in 1980 and Sew & So began operations that September with 30 volunteers working five days a week. Their first tasks were making hospital gowns and bibs for the residents in Hallowell.

Now, the group meets once a week. Currently, there are seven or eight volunteers but more are welcome. In addition to the usual tasks, they have been asked to fix Halloween costumes and repair linens torn apart by the owner's pet dog. Once, they were asked to fix the bindings on a pair of boxing gloves, which the owner says were done just right. They've done mending for employees as well as residents. All work is done on a donation basis, but there is a list of suggested prices, with the money going to the BRA. If the items for repair are employee uniforms, the work is done for free.

There is a cubicle with mirrors for trying on clothing to make sure the fit is correct. As Karen Seybold, the chairperson of Sew & So pointed out, as people get older, they may become shorter, and long pants can become a tripping hazard.

Much of the equipment is donated when residents move in and no longer need to keep the sewing machines in their homes. There are boxes and more boxes of snaps, zippers, buttons, thread, and knitting needles, along with yarn. The committee has donated lots of red and green buttons to the staff in Taylor and Hallowell, who are making holiday decorations.

There is still more organizing to be done before Sew & So is fully up and ready for business, but it will be open on Wednesdays in December. Drop-ins are welcome to bring their items in need of mending or to use the machines for their own projects.

Banner photo by Erroll Hay



New ceramics studio is open

By Diana Harley, photo: Kathleen Truelove

The ceramics studio has reopened, and all residents are encouraged to participate, even those who haven't worked with clay since the fourth grade. The new instructor, Yoshi Fujii, is a professional ceramicist and an experienced teacher. Three of his pieces are featured in the display case at the entrance to the Wellness Center.

For the first class, Yoshi demonstrated the making of coil pots. With his guidance and encouragement, 11 people created pots, each one very different from the others; even beginners showed creativity. For those who expressed interest, Yoshi gave a brief introduction to the wheel. He will continue to teach the use of the wheel.

The ceramics class is held Thursdays in the clay room from 1 to 3 p.m. All are welcome. While actual instruction continues, anyone is free to imagine and create their own project, taking it from a lump of clay to a glazed piece of art.

New Arrivals

Mary Sue Rubin

November 8, R-8 • 443-578-8682

Jane Harrison

November 17, K-12 • 443-578-8287

Marc Cherbonnier

November 30, A-5 • 443-455-0862

Holiday schedule changes

By Pat van den Beemt

If you want to ring in the new year by going for a swim, you're going to have to wait until Monday, Jan. 3. Broadmead's aquatics center, which is always closed on Sundays, will also be closed on Christmas Eve, Christmas Day, New Year's Eve, and New Year's Day. The group exercise room will also be closed those four days, said Andy Switzer, director of the Center of Excellence in Health & Wellness. He said plans are not yet definite for the cardio/fitness room, but signs will be posted indicating its hours.

Salon and Spa manager Lorraine Bazzell said no services will be offered on Christmas and New Year's days. Limited appointments are available on Christmas Eve and New Year's Eve. Melonnie Cassellius is scheduling manicures/pedicures on Dec. 24 and 31 from 8:30 a.m. to 2 p.m. On Dec. 24, Debbie Williams offers limited hair appointments in the morning. Lorraine will be in on Dec. 31 from 9 a.m. to 2 p.m. for hair appointments, but those time slots are filling up fast.

The Corner Cupboard will have regular hours on both Dec. 24 and 31, but will be closed on Dec. 25 and Jan. 1, said Robin Kelley, who runs Broadmead's grocery store. The Corner Cupboard's hours are Monday through Friday, 10 a.m. to 1:30 p.m. and 2:30 p.m. to 4 p.m.

From the pickleball court



Wendy McIver was the winner of the "cats and dogs" game during tent week. Everyone got on the court, and Wendy was the last who survived, hitting the first bounce. Her trophy was the pickleball.

Tom Seybold



Bill Breakey was up during the wee hours of November 19 to capture this shot of the longest partial lunar eclipse since the 15th century.

Beginner bridge class starts Jan. 12

Text and photo by Alice Cherbonnier

Laura and Dan Pawlak, who offered the “Brush-up Bridge” class earlier this fall, are now set to present an eight-session “Beginner Bridge” class on Wednesdays, starting January 12. The lessons will be held in Conference Room A, adjacent to the Bistro. Each session will last 90 minutes, and there is no cost to participants.

Laura and Dan are both certified American Contract Bridge League (ACBL) instructors, and they use ACBL materials in their lessons. “This class will take you from ground zero in bridge,” says Dan. “If you’ve never played before, we’ll teach you.” It will also be a good refresher course for those who last played decades ago. “Many who have experience still benefit from reviewing the logic and progression of bidding,” he adds. Laura notes that there have been changes in the game over the years, but says that no one should be intimidated. “This course will be light and fun,” she says. “When you complete

the basics, you should be able to join in the bridge fun on the Broadmead campus.”

Laura and Dan have been ACBL instructors for many years, teaching at such venues as the Hereford Library, the Community College of Baltimore County, the Cockeysville Senior Center, and the Baltimore Country Club. They have participated in ACBL tournaments across the country. “It gives you a good excuse to travel,” Laura quips. The 44-year Hereford residents are now retired from their careers; Dan was a bond trader with M&T Bank, while Laura was a systems analyst for the Social Security Administration. “We’ve really enjoyed working with the Brush-Up Bridge class,” says Laura, “and we’re excited to be invited back.”

Asked if it’s true that playing bridge can forestall dementia, the couple refrain from stating this as a fact, but Laura notes that bridge is a way to stay alert, focused, and challenged.

For more information about the Beginner Bridge class, or to enroll, contact Marj Espenschade at parkespensshade2021@comcast.net, or Sumner Clarren at s_clarren@msn.com. Time is of the essence, though; the class size is limited to 20.



Parkinson’s Reflection Group

4th Tuesday of each month,
7:15 p.m. on Zoom for now,
link on Caremerge

For more information, contact
Richard Truelove, 410-206-7892

Broadmead Welcomes

Michael Goodrich, B-16, 443-330-5667
mpgoodrich1010@gmail.com, November 2021



Michael Goodrich has worn many hats in his life. He has been a United Methodist pastor, a high school history teacher, a financial consultant, a life insurance salesman, and a volunteer helping inmates make the transition to life outside prison. Raised in

Milwaukee, Mike majored in history and English literature at Grinnell College in Iowa, where he met his wife, Carolyn. After obtaining a master's degree from Johns Hopkins University in American history and education, Mike taught high school history at the Severn School, a private school in Severna Park, for five years. During that period, he and Carolyn were dorm parents who lived on campus. Mike also coached football, basketball, and tennis.

While still in college, Mike became a United Methodist minister. He served as assistant pastor at Pasadena United Methodist Church from 1958 to 1970. Mike is also a member of the Christian Businessmen's Connection and was on the board of the Fellowship of Christian Athletes for 22 years. In addition, he served on the boards of Severn and St. Paul's schools and was president of the Towson University Foundation.

Leaving teaching, Michael joined Northwestern Mutual Life Insurance, where he was managing director of the Baltimore office for the next 17 years. He formed the Goodrich Financial Group in 1966 to offer financial advice to clients. That business is still in operation.

Mike has spent the past 10 years volunteering at the New Revival Center for Renewal in Prince George's County. That non-profit provides housing, employment, and life skills training for people making the transition from prison to private life. He also helped bring a similar organization, called the Creative Link Coalition, to Baltimore.

Once an avid tennis player, Mike used to

swim daily at the Towson YMCA. Look for him now doing laps in the Broadmead pool.

Text and photo by Pat van den Beemt

Carolyn Goodrich, B-16, 443-330-5667
csgoodrich@comcast.net, November 2021

Carolyn Goodrich's experience as a second grade teacher and her degree in sociology were the perfect background for her career as a mother. She and her husband Mike raised five children—two born to them and three adopted as infants. In all, 12 years separated the oldest from the youngest. The boisterous brood and their parents moved to a large house in Ruxton in 1971 and remained there for over four decades.

Carolyn stayed home with the children until they all were in school and then she went to school, too. After earning a master's degree in psychology at Loyola University of Maryland, she ran Epoch Counseling Center in Essex, where she stayed for 25 years. The center, with a staff of 14, offered group, family, and individual counseling and had counselors in numerous schools in Essex and Dundalk. Carolyn also did individual counseling.

Carolyn served on the Maryland Foster Care Review Board for 15 years and volunteered with the SPCA and the Assistance Center of Towson Churches.

In 2012, as empty nesters, Carolyn and Mike downsized to a townhouse in Ruxton Crossing before making their move to Broadmead in early November. They brought with them their dog, Kelsie, an Australian Kelpie. Three of their children and spouses live nearby with a total of seven grandchildren. One son lives in Lake Tahoe. Another son, Todd, died last year.

Born in New York, Carolyn grew up in Cleveland Heights, OH, and Swarthmore, PA. She met Mike when they were both students at



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Grinnell College in Iowa. They married in 1959 and moved to Baltimore when Michael came to Johns Hopkins University to earn a master's degree in American history and education.

Carolyn plans to continue golfing while adding reading and gardening to her list of hobbies. She and Mike attend Towson Presbyterian Church, where they are elders.

Text and photo by Pat van den Beemt

Paul Sleeper, Y-104, 443-578-8530,
psleeper@verizon.net, October, 2021

Now that Paul Sleeper has settled in at Broadmead with his wife, Corally, he's also settled into a workspace in the new wood shop, where he uses a mini-lathe to make decorative wood inserts for everyday objects—pens, pizza cutters, and bottle stoppers.

He has a lot of experience at the craft: he's been working almost every day in the wood shop at the Hunt Valley Presbyterian Church, which he and Corally have attended since returning to the Baltimore area 23 years ago. A fellow parishioner and woodworker, Eben Bray, moved to K-2 with his wife, Paula, after the Sleepers told them about Broadmead, and the two men now spend most mornings doing woodworking projects.

After earning a B.S. in industrial engineering at Purdue University in 1967, Paul took a job with Humble Oil, now Exxon Mobil. Tiring of working with a large corporation that required relocating several times and wanting to be closer to family members on the East Coast, Paul joined a private oil company in New York City. When informed that his company would be moving to Portsmouth, NH, Paul retired at the age of 53 and the Sleepers returned to Maryland, where they built a house on a wooded cul-de-sac in the Shaneybrook development near Falls and Shawan Roads.

Tiring of retirement, Paul then took a position with Constellation Energy, a subsidiary of BGE,



and worked there for more than a dozen years. "I was involved with selling and installing large solar panel projects," he says, including for McCormick. One of McCormick's Hunt Valley plants, he notes, gets 100 percent of its energy from solar power. When Constellation merged with Exelon Corporation, Paul retired for good in 2012.

When not in the wood shop, Paul walks the mile-long Copper Beech Road loop daily and continues to play golf.

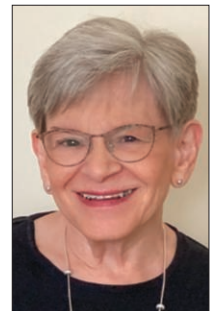
Text and photo by Alice Cherbonnier

Corally Sleeper, Y-104, 443-578-8530
psleeper@verizon.net, October 2021

Corally Sleeper, a Baltimore native, met her husband, Paul, when both were in the eighth grade at Dumbarton Junior High School. "We had our first date when we were seniors at Towson High," she recalls. After they graduated in 1963, he went on to Purdue University, and she embarked on a secretarial career after studying at the Stratford School in downtown Baltimore. The couple married between Paul's junior and senior years, and Corally took a secretarial job with Purdue's electrical engineering department while he finished his studies.

Paul's work took them to Pittsburgh, Houston, New Jersey, and Connecticut. Along the way, they had two children. Mark, now 54, works as an oil trader for Shell Oil Co. He and his wife Dara, a chemical engineer, raise beef cattle on

about 800 acres, 90 minutes away from their Houston home. He has two children and two stepchildren. The Sleepers' daughter, Aimee, aged 48, holds a Ph.D. in immunology from the Johns Hopkins School of Public Health. She and her family live just two miles from Broadmead. Aimee and her husband Brad, an executive with an architectural firm in Washington, have two daughters and a son.



(continued on page 6)

Broadmead Welcomes *(continued)*

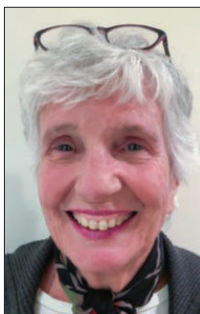
While raising her family, Aimee works part-time in Goucher College's post-baccalaureate pre-medicine program.

Currently, Corally and Paul are "raising" their lively 5-year-old brown and white Havanese dog, Annabel. During her leisure time, Corally enjoys doing cross-stitch and reading, primarily fiction. While continuing her involvement with her nearby family and church, she expects to delve into the many activities at Broadmead after learning more about the options available. Meanwhile, she is focusing on completing the décor of the couple's spacious new home, including deciding where to hang their artwork.

Text and photo by Alice Cherbonnier

Anne Perkins, U-302, 443-578-8519
annep315@gmail.com, October 2021

Even at Broadmead, whose residents are characterized by high levels of volunteer and civic activity, Anne Scarlett Perkins's history of professional and volunteer civic engagement is eye-catching for its breadth and variety.



Anne served for 14 years as a member of the Maryland House of Delegates (1979-1992). As chair of the Constitution and Administrative Law Committee, she oversaw major reforms of the higher education system, the workers' compensation system, and campaign finance and ethics legislation.

Trained as a lawyer, Anne used that background in a long-running (1999-2012), historic class action lawsuit brought by the ACLU on behalf of African-American public housing tenants, alleging discrimination by the U.S. Department of Housing and Urban Development, Baltimore's mayor and City Council, and the Baltimore City housing department. As a special master appointed by the judge, she mediated

between attorneys for the plaintiffs and the defendants. Anne says the lawsuit yielded good results, with research showing excellent outcomes for families and children who moved to mixed-income neighborhoods.

Anne also lived and worked abroad. In South Africa, she worked for a USAID-funded organization whose mission was to increase the effectiveness of democratic institutions. She also worked with the ANC, Nelson Mandela's party, helping members to develop positions on constitutional issues as the new constitution was being written. In addition, she lived for a year in Xiamen, China, teaching English.

At present, she serves on several boards, including the Maryland Institute College of Art, Friends of Stony Run, and the Baltimore Regional Housing Partnership.

Anne has two daughters: Virginia Perkins, who lives in Bolton Hill, and Anne ("Andy") Gardiner Perkins in Harvard, MA. There are five grandchildren.

A native of Baltimore, Anne attended the Bryn Mawr School and Boston University, and obtained a law degree from the University of Baltimore. She moved to Broadmead from the Tuscany-Canterbury neighborhood of Baltimore City.

Text and photo by Jackie Mintz

Lucy Melvin, D-12, 443-578-8821
songsail31@gmail.com, October 2021

Lucy Melvin was born in Ft. Sill, Oklahoma, to a military family, which set in motion her life's pattern of world travel. She grew up in 15 different states, attending 15 schools. After high school, she attended Brown University for two years, taking only those courses that interested her. She then joined the Sweet Briar College year abroad in France. A great aunt had left her just enough money to make that happen. Returning to Brown, she graduated in 1953 and married the following year.

Her husband Tom was an Episcopal

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priest, and they lived, among other places, in Bogota, Colombia, and Zululand. Lucy said Zululand was the only place she ever cried upon leaving. She and Tom had three



children. There are now seven grandchildren and four great-granddaughters. Lucy's marriage to Tom ended in divorce, and a brief second marriage followed.

Lucy was an avid sailor; her third husband, Ridgely Melvin, came into her life when she sailed into Annapolis for repairs to her boat. They were married for 19 years, much of that time living on her boat eight or nine months a year. In 1982, they sailed to Ireland and then on to England and France, eventually reaching Greece and Turkey, where they spent four years. They spent another year in Spain and sailed the French canals before crossing to the Caribbean and home.

Lucy worked as a management consultant with hospitals, the U.S. Navy, churches, and various companies, and in Annapolis as a yacht broker. She also volunteered as a caretaker with hospice.

She loves reading, as many as five books per week. She also hopes to take up bridge again and perhaps return to doing watercolors. Lucy's dog, Robbie, has accompanied her to Broadmead.

Text and photo by Willy Sydnor

Celebrating Kwanzaa at Broadmead

By Gwen Marable

Kwanzaa is an African American holiday focused on family, community, and culture, which is celebrated from December 26 to January 1. Dr. Maulana Karenga, a professor of Africana Studies at California State University, Long Beach, created Kwanzaa in 1966, after the Watts riots in Los Angeles, as a way to bring the African American community together.

Each day of Kwanzaa, one of the seven principles is emphasized, a candle is lit, and an activity planned. The seven principles are *Umoja* (Unity), *Kujichagulia* (Self-Determination), *Ujima* (Collective Work and Responsibility), *Ujamaa* (Cooperative Economics), *Nia* (Purpose), *Kuumba* (Creativity), and *Imani* (Faith).

Based on African harvest festivals, Kwanzaa is celebrated by families and communities

through storytelling, songs, poetry, dance, music, and food.

Broadmead will hold two Kwanzaa programs. The first will share the seven principles; the second will include African American storytelling



and music. The dates and location will be provided closer to the time of the events.

The Broadmead Chorus

will present a concert with music for the holidays on

Monday, December 20 at 3 p.m.

in the Broadmead Center.



All residents are invited, but no visitors or family on this occasion.

Halloween was celebrated at the Upland.
Revelers are Harriet Goldman, Marsha
Rosenberg, Tom Boytim, and Felicia Ridley



The Barn Sale open house



The Barn Sale space
is renovated and ready for
browsers



Mah-jongg is back!
Bonnie Griffith, Francine Nietubicz, Joanne
Goldsmith, and Lally Farrington

The Movie Committee also rises

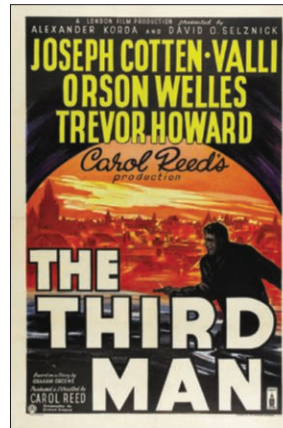
By Del Sweeney and Margaret Warden

After 18 months without BRA movies, the Movie Committee is being reestablished. Margaret and Del have assumed responsibility for the Committee, taking over from the strong leadership of Jean Wilson. Over the past year, we have been showing movies to groups of 8 to 10 residents at a time, most recently in coordination with the series of lectures on American film history presented via Zoom by Marc Lapadula.

We plan to show movies in the Center on a reduced schedule until the auditorium reopens. We hope to be able to use either Conference Room A or one of the smaller meeting rooms. Beginning with two movies in December, we would like to establish a once a week schedule sometime in January.

The Center has new technology for showing movies, and we are working with Andy Switzer to establish the compatibility of our equipment, particularly so that older movies can be shown in their correct size.

Our goal is show a wide range of movies since tastes in movies vary widely. The movies that Broadmead residents have enjoyed in the past, including dramas, musicals, and comedies, will continue to be



featured. Especially, we would like to catch up on recent Academy Award winners, such as “Nomadland,” “The Father,” and “Minari.” In addition, we will include international and “art house” movies, like those shown at the Charles Theater, such as “Belfast” and “The

French Dispatch.” Some classic American and British films, for example, “The Third Man,” will also be on the schedule.

We will be establishing two subcommittees, one for the Tuesday movies and one for the Saturday films. We are looking for new members with a variety of film interests. Please feel free to contact either of us with your ideas and movie suggestions.

Corner Cupboard

Monday–Friday:
10:00 a.m.–4:00 p.m.
Closed 1:30–2:30 p.m.

Available items and prices are on Caremerge under Dining Services.

There is a \$5.00 fee
for home delivery.

To order, call 443-578-**8075** or
email robink@broadmead.org

*Open for
Business with
New Hours*



Lionel Anders settles in

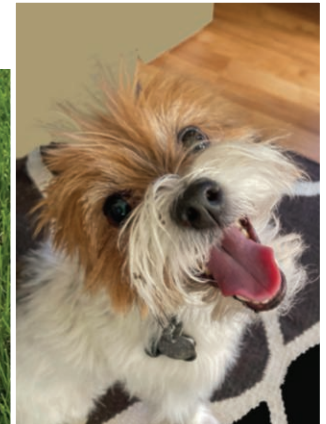
Text and photo by Kathleen Truelove

Lionel Anders has had three names in his seven years. First, in San Diego where he was born, he was known as Zoe; when he moved to Baltimore and got a second owner, he was Posy. Finally, in his forever home at G-4 with Jeannette Anders, he was again renamed, this time for her beloved uncle Lionel.

They met when Jeannette got lost going to a funeral in northern Baltimore County and took a detour to an animal shelter to look around. The man in line behind her had a little dog he was surrendering. The animal shelter employee asked the man, "You know he will be put down?" Hearing this, Jeannette said, sight unseen, "I'll take him!" and so Lionel came at last to the place where he belongs. He and Jeannette have been together for two years.

Lionel is quite a handsome dog. His vet believes that he is a Yorkie-Lhasa

Apso mix, but Jeannette thinks he has some Jack Russell terrier in him as well. Lionel's hobbies are chasing rabbits and squirrels and patrolling the fence line at the dog park. He also has a canine lady friend, Tootsie Mohr of B-12, with whom he keeps company.



First Monday Book Group

First Mondays, 10:30-11:30 a.m.
Lower Level Conference Room A
(adjacent to the Bistro)

Dec. 6: *The Troubled Man*,
Henning Mankell

Jan. 3: *A Woman of No Importance*,
Sonia Purnell

Feb. 7: Mystery TBA

Mar. 7: *Daughters of Yalta*,
Catherine Grace Katz

Beginner Bridge Classes

ACBL-certified instructors
Laura & Dan Pawlak

8 sessions starting January 12
No charge for instruction

Wednesdays 1:30–3:00 p.m.
Conference Room A (*beside the Bistro*)

For info or to enroll, contact
Marj Espenschade at
parkespensshade2021@comcast.net
or Sumner Clarren at
s_clarren@msn.com.

Broadmead Resident Email List

To join the Broadmead resident email list: Send an email to: brabroadmead@gmail.com
To join the Broadmead Business email list: Send an email to: joen1234@comcast.net
(Do this also if you change your email address)



The talented members of the photography club present a show titled "Architecture" on the lower level of the Community Center. Jeannette Anders and Stan Wilson admire the exhibits.

LET'S SING!

Popular Songs and Old Favorites ~ Every voice is welcome!

Monday, January 3 • 3:30–4:30 p.m. • Group Exercise Room

Moving Around Broadmead

	<i>From</i>	<i>To</i>
Carolyn Riefle	U-202	U-208

Duplicate Bridge Group

***Play Bridge the Broadmead Way:
Relaxed & Fun!***

Wednesdays at 1:30 p.m.
York Community Room

No partner? We'll try to match you up.

For info or to sign up, contact Sumner
Clarren at s_clarren@msn.com

In Memoriam

John L. McShane

August 27, 1928 - November 13, 2021

Quaker Meeting at Broadmead

Sundays, 10:30–11:15 a.m.
Lower Level Conference Room A
(next to the Bistro)

All residents are invited
Masks required

Sew & So

*Helping residents and staff
with sewing needs*

Wednesdays, 10 a.m. to noon
Lower Level Sew & So Room



Photo by Marsha Howes

Correction

In the November Voice, Brigid Goody was identified as BRA associate treasurer. In fact, she is treasurer and she was associate treasurer for three years, not two. The Voice regrets these errors.

Voice of the Residents

Vol. 43, No. 4 December 2021

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The Voice is produced by and for the Broadmead Residents Association. It seeks to announce and report on activities at Broadmead and to carry news, features and photos of interest to residents. As its major goal is to promote a sense of community, *The Voice* does not publish criticism of individuals or the three organizational bodies that constitute Broadmead (residents, administration and trustees) nor controversial opinions about Broadmead affairs as there are established procedures for the resolution of internal problems. *The Voice* does not publish matters of a religious or political nature, except in the context of a lecture report with attribution to the author of the opinion, nor submissions from outside media due to space limitations and possible copyright problems. Decisions about content as well as writing and photography assignments are made by the Editor in consultation with the Editorial Board, at meetings usually held the last Wednesday of each month. Ideas or suggestions for articles should be submitted to the Editor, Kathleen Truelove, by email: kathleentruelove1@gmail.com. Only electronic files are accepted. All copy is subject to editing, including for length. The deadline for writers is the 15th of the month prior to the issue in which an article is to appear. Publicity for upcoming events is preferred to recaps of events already held.